



- Who:** Anyone interested in improving their volleyball skills
- When:** Lessons are offered whenever there is gym space available
- Where:** Lions Jrs./1st Alliance practice sites (www.1stalliancevbc.net/locations.aspx)
- Why:** Many of our players have benefited from these extra practices. Two ½ lessons or one 1 hour lesson can also be used to make up one missed practice
- Cost:** ½ hour lesson \$20 for Lions/Alliance, \$25 for other club players
1 hour lesson \$35 for Lions/Alliance, \$40 for other club players

A \$10 registration fee (\$15 non-Lions/Alliance) will be charged to get onto the mass email list.

Information regarding private lessons is sent out on a weekly basis by email. Just reply back to the email if you would like a lesson and I will send a confirmation e-mail. jaheatherly3@aol.com.

24 HOUR notice is needed to cancel a lesson. Otherwise you will be charged the lesson fee.

Yes, I would like to be included in the private lessons mass email.

Name _____

Player Birth date _____ Age _____

Home Address _____

City _____ Zip _____

Emergency Contact phone # _____ Position _____

Email _____

Please send your registration fee to:

Make check payable to:
Julie Heatherly- Lions Jrs. lessons coordinator
1125 Longmeadow, Western Springs, IL 60558

I hereby grant permission for my son/daughter _____, to attend Lions Jrs./1st Alliance private lessons. My son/daughter has no medical condition that would interfere with his/her participation. I release Lions Jrs. Inc., 1st Alliance VBC inc and their staff from any liability from injuries which may occur.

Signed (parent or guardian)